

AUTISM AND DOWNS SYNDROME

Do what ever you need to do to get these products down. You can open capsules and put in jelly, you can mix in juice, but be sure the amounts are taken daily.

Multiple Digestive Enzymes – as many as possible on an empty stomach (20, 50, 100, etc.) The more, the faster the results. If taking a bottle, the enzymes can be added to the milk and water. An older child that is eating meals should take 5–10 enzymes with these meals.

Cellulase Enzymes – 4 tablets 3 times a day on empty stomach. These can be taken with the Multiple Digestive Enzymes.

If the child is nursing, mom needs to do the program. Also the enzymes and bacteria powder (small amounts) can be put in the child's mouth right before nursing.

Nutritional Essentials – work up to 3–6 tablespoons a day.

Barleylife – work up to 3–6 tablespoons a day.

Mega Omega – work up to 1- 3 teaspoons a day, this depends on the age of child.

These three ingredients can be mix together in juice, milk substitute, water or a smoothie. Do not be discourage if your child does not like it. Keep trying different ways to get it down. A smoothie with banana and other fruit will taste wonderful. Put as much of the products into the drink as you can without overpowering the drink. As the child takes the products, taste will not be as much an issue, your child will like the products. You can divide the amounts into as many servings as you need to. These amounts are for healing, when the healing is completed then you will do maintenance.

Again, mom can do this if child is nursing.

Multiple Vitamin/Mineral Enzyme Complex – 2 – 3 capsules a day.

Probiotic Blend – 10–20 capsules a day or 2–5 teaspoons powder. This powder taste good and children will love the taste. For the first month also use the Pro-5 Blend – 2 capsules a day, can open up and put with the Probiotic Blend powder. This should be taken right before bed at night. Should be at least one hour from last food. Nursing child, mom needs to take it but also put in child's mouth, nurse, then do it again, getting as much down as possible.

Colon must be clean. Probiotic Blend can help with this but if the bowels are still not moving regularly, add the Bowel Toner – 1 – 4 capsules a day as needed.

For Down Syndrome children: same program (more intense), and add 20 Protease Enzymes a day (take with Multiple Digestive Enzymes). The more Multiple Digestive Enzymes the faster the results. Enzymes can change chromosomes.

The right food is very important. Encourage as much raw food as possible. Vegetarian diet is best but if eating meat use organic meat and be sure to take more digestive enzymes with the meals. Eat whole grains and lots of vegetables and fruits. No processed foods, sugar, coffee, chocolate, teas, white flour products, etc.